ORIGINAL ARTICLE





Synergism between oral paracetamol and nefopam in a murine model of postoperative pain

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Abstract

Background: The use of paracetamol or nefopam for postoperative pain control is limited by the need of high doses associated with unwanted effects. Previous works suggest positive interactions between both compounds that may be exploited to obtain potentiation of antinociception.

Methods: Mechanical and heat antinociception induced by oral doses of paracetamol, nefopam or their combination was studied by isobolographic analysis in a murine model of postsurgical pain. The effective doses that produced 50% antinociception (ED_{50}) were calculated from the log dose–response curves for each compound. Subsequently, the effects of $ED_{8.7}$ s, $ED_{12.5}$ s, $ED_{17.5}$ s and ED_{35} s of nefopam and paracetamol combined were assessed.

Results: Oral paracetamol induced dose-dependent relief of postoperative sensitivity and showed higher efficacy reducing mechanical hypersensitivity (ED₅₀ 177.3 \pm 15.4 mg/kg) than heat hyperalgesia (ED₅₀ 278.6 \pm 43 mg/kg). Oral nefopam induced dose-dependent antinociception with similar efficacy for mechanical and heat hypersensitivity (ED₅₀s 5.42 \pm 0.81 vs. 5.83 \pm 0.72). Combinations of increasing isoeffective doses revealed that combined ED_{17.5}s (85.76 mg/kg paracetamol and 1.9 mg/kg nefopam) and ED₃₅s (132.67 mg/kg and 3.73 mg/kg) showed synergistic effects leading to 75% and 90% mechanical antinociception, respectively. These mixtures were defined by interaction indexes of 0.43 and 0.41 and ratios 45:1 and 35:1 paracetamol:nefopam, respectively. The same combinations showed additive effects for the inhibition of incisional thermal hyperalgesia.

Conclusions and limitations: This work describes a synergistic antinociceptive interaction between low doses of nefopam and paracetamol for the treatment of postoperative hypersensitivity to peripheral stimuli. The promising results obtained on reflexive nociceptive responses of young male mice subjected to plantar surgery highlight the interest of further research evaluating the effects of this mixture on the affective-motivational component of pain and in females and additional age groups. Confirmation of pain-relieving efficacy and safety of this oral combination clinically available in European and Asian countries could provide a useful tool for postsurgical pain management.

This is an open access article under the terms of the Creative Commons Attribution-NonCommercial License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited and is not used for commercial purposes. © 2021 The Authors. *European Journal of Pain* published by John Wiley & Sons Ltd on behalf of European Pain Federation - EFIC® **Significance:** Early postoperative pain is currently undertreated and has been recognized as a relevant source of chronic postsurgical pain. Oral efficient treatments could facilitate fast-track surgeries and patient recovery at home. Here, we identify in a mouse model of postoperative pain a potent synergistic oral combination consisting of low paracetamol and nefopam doses that provides relief of postsurgical hypersensitivity to mechanical and thermal stimuli. Oral multimodal paracetamol–nefopam mixtures represent a potential clinically available pharmacological strategy for the relief of incisional sensitivity and the promotion of patient recovery.

1 | INTRODUCTION

Safe and efficient treatment of early postoperative pain is essential for the recovery of surgical patients (Kehlet & Wilmore, 2002). Such statement acquires special relevance taking into consideration that difficulties in controlling acute postoperative pain increase the odds of developing chronic postsurgical pain (Glare et al., 2019). Opioid drugs are efficient for the management of moderate-to-severe postoperative pain (Desai et al., 2018). However, an overreliance on prescription opioids has produced devastating effects in United States that call for limiting opioid use and finding therapeutic alternatives (DeWeerdt, 2019). Furthermore, current needs for hospitalization space demand novel and optimized pharmacological strategies that allow timely discharge of patients (Nurok & Kahn, 2020; Poeran et al., 2020). The combined use of different groups of approved analgesic medications, namely multimodal analgesia, represents a safe and advantageous strategy for domiciliary pain management of the surgical patient (Fiore et al., 2019). In this scenario, the murine model of incisional pain has been widely used for the study of the manifestations and mechanisms of postsurgical hypersensitivity to mechanical and thermal stimulation, and it also provided translational and anticipated information for improving postoperative pain management in the clinics (Aguado et al., 2013; Cabañero et al., 2009; Cabañero, Célérier, et al., 2009; Célérier et al., 2004; Richebé et al., 2005).

Paracetamol is an analgesic and antipyretic drug available worldwide that shows efficacy for mild-to-moderate pain and is used for postoperative pain control. It inhibits cyclooxygenase activities, but other mechanisms of action have also been involved in its antinociceptive effects, including inhibition of nitric oxide production, interaction with noncanonical cyclooxygenase isoforms, stimulation of cannabinoid receptor 1 and transient receptor potential TRPV1 or TRPA1 and activation of serotoninergic pathways (Andersson et al., 2011; Bonnefont et al., 2003; Chandrasekharan et al., 2002; Mallet et al., 2008; Przybyła et al., 2021). However, there are safety concerns involving the use of high doses of paracetamol (Roberts et al., 2016) associated with decreases in platelet function (Munsterhjelm et al., 2005) and liver toxicity, which is one of the leading causes of hospital admission for acute liver failure (Ghanem et al., 2016; Kolodziejczyk et al., 2020; Munsterhjelm et al., 2005; Zhang et al., 2002). Among other nonopioid alternatives for the control of moderate pain, nefopam is a prescription drug available in European and Asian countries, mainly administered by parenteral routes in perioperative settings. It is a benzoxazocine compound that inhibits monoamine reuptake and engages opioidergic mechanisms at spinal and supra-spinal sites (Fuller & Snoddy, 1993; Gray et al., 1999; Gregori-Puigjané et al., 2012). It is used for the treatment of postoperative pain with varying success (Evans et al., 2008; Kakkar et al., 2009), but also presents unwanted effects that limit its use such as nausea, vomiting, tachycardia, somnolence or injection-related pain that can be observed at therapeutic doses (Evans et al., 2008). Both drugs, paracetamol and nefopam have shown efficacy in rodent models of pain after injection (Girard et al., 2004, 2008, 2009; van den Hoogen et al., 2016; Minville et al., 2011) and experiments combining both molecules suggested positive interactions that may allow decreasing the doses needed to obtain effective relief of postoperative sensitization (Girard et al., 2011; Li et al., 2018).

The purpose of this study is to evaluate the acute interaction between paracetamol and nefopam given orally on the expression of postsurgical mechanical and thermal hypersensitivity in a murine model that fairly reproduces the clinical settings (Aguado et al., 2013; Cabañero, Campillo, et al., 2009; Cabañero, Célérier, et al., 2009; Célérier et al., 2004; Pogatzki & Raja, 2003; Richebé et al., 2005). A side-by-side comparison of the antinociceptive effects of paracetamol and nefopam is used to determine the median effective doses (ED50) for each compound. Subsequently, the efficacy of graded combinations of EDs is investigated through isobolographic analysis (Tallarida, 2006) to determine possible interactions.

2 | METHODS

2.1 | Animals

Outbred male CD1 albino mice (Charles Rivers) 8–10 weeks old at the beginning of the experiment were used, based in our

previous works on postincisional pain (Cabañero, Célérier, et al., 2009; Campillo et al., 2010; Célérier et al., 2006). Mice were group housed (2–4 animals), maintained in cages with free access to food and water and kept on a 12-hr light-dark cycle (light on at 08.00 hr, light off at 20.00 hr) in a controlled temperature (21 ± 1 °C) and humidity ($55 \pm 10\%$) environment. All animal procedures were conducted in accordance with standard ethical guidelines (European Communities Directive 2010/63/EU and NIH Guide for Care and Use of Laboratory Animals, 8th Edition) and approved by autonomic (Generalitat de Catalunya, Departament de Territori i Sostenibilitat) and local (Comitè Ètic d'Experimentació Animal, CEEA-PRBB) ethical committees. Mice were randomly assigned to treatment groups and experiments were performed blinded for pharmacological conditions.

2.2 | Incisional pain model

The incisional pain model that reproduces postoperative sensitization to mechanical and thermal stimuli was adapted from a previous study in rats (Pogatzki & Raja, 2003), with some modifications (Cabañero, Célérier, et al., 2009). Mice were anesthetized with isoflurane vaporized in oxygen, delivered using a nose mask (induction, 5% V/V; surgery, 2.5% V/V). A 0.7-cm longitudinal incision was made with a number 15 blade through the skin and fascia of the plantar surface of the right hind paw, starting 0.3 cm from the proximal edge of the heel and extending towards the toes. The underlying plantaris muscle then was elevated and incised longitudinally, keeping the muscle origin and insertion intact. After haemostasis with gentle pressure, the skin was closed with two 6-0 silk sutures and the wound was covered with povidone-iodine antiseptic. After surgery, the animals were allowed to recover in cages with sterile bedding under a heat source. Nociceptive sensitivity was evaluated the second day after the surgery to ensure maximal hypersensitivity without interference with surgical anaesthesia.

2.3 | Nociceptive behavioural tests

Sensitivity to mechanical and thermal stimuli was measured by using the following behavioural models:

Mechanical sensitivity was quantified by measuring the hind paw withdrawal response to von Frey filament stimulation (Chaplan et al., 1994). Briefly, animals were placed in Plexiglas[®] cylinders (20 cm high, 9 cm diameter) with a wire grid bottom through which the von Frey filaments (bending force range from 0.008 to 2 g) (North Coast Medical, Inc.) were applied by using the up-down paradigm as previously described (Chaplan et al., 1994). The

filament of 0.4 g was first applied. Then, the strength of the next filament was decreased when animal responded or increased when animal did not respond. This up-down procedure was stopped four measures after the first change in animal responding (i.e. from response to no response or from no response to response). The threshold of response was then calculated by using the up-down excel program generously provided by the laboratory of Dr A. Basbaum (UCSF). Prior to baseline measurements, mice were habituated for 2 hr to the testing environment during 3 days. On the evaluation days, animals were allowed to habituate for 1-2 hr before testing in order to obtain appropriate behavioural immobility. Both ipsilateral and contralateral hind paws were alternatively tested whenever possible, and stimuli were applied at a minimum of 2 min intervals to avoid hypervigilance or sensitization between successive filament applications. Filaments were completely bent before considering responses and hold up to 4-5 s to consider a negative response. Clear paw withdrawal, shaking or licking were considered as nociceptive-like responses.

Thermal sensitivity was assessed by using the plantar test (Hargreaves et al., 1988). Paw withdrawal latency in response to radiant heat was measured using the plantar test apparatus (Ugo Basile). Briefly, mice were placed in Plexiglas[®] cylinders (20 cm high, 9 cm diameter) positioned on a glass surface. Prior to baseline measurements, mice were habituated for 2 hr to the testing environment during 3 days. On the evaluation days, animals were allowed to habituate to the environment for 30 min before testing to obtain appropriate behavioural immobility. The heat source was then positioned under the plantar surface of the hind paw and activated with a light beam intensity, chosen in preliminary studies to give baseline latencies from 9 to 11 s in naïve mice. A digital timer connected to the heat source recorded the response latency for paw withdrawal to the nearest 0.1 s. A cut-off time of 20 s was imposed to prevent tissue damage in absence of response. The mean paw withdrawal latency for the ipsilateral and contralateral hind paws was determined from the average of 3-4 separate trials, taken at 5 min intervals between applications on the same paw, and at least at 2 min intervals between applications on different paws, in order to prevent behavioural disturbances such as hypervigilance or sensitization.

2.4 | Experimental protocol

In the first stage, animals were habituated for 2 hr to the testing environment in each paradigm during 3 days. After the habituation period, baseline responses were established during 2 consecutive days for each test in the following

sequence: von Frey test and plantar test. On the second day before baseline measurements, mice were habituated to the oral gavage using disposable feeding needles of malleable metal (Agnthos). Briefly, mice were gently grasped by the nape of the neck close to the ears and were held in an upright position. Then, the head of the feeding needle was inserted into the back of their mouth and the needle was turned up to be in line with the oesophagus of the mouse. Thus, their head was tipped back to have neck, head and spine in a straight line. Once in this position, the feeding needle was inserted, and the product delivered. Drinking water was used for habituation. After the baseline measurements, incisional injury was induced as previously described. Paracetamol, nefopam or vehicle were administered by oral route with the feeding needles 2 days after surgery. Nociceptive measurements were performed between 30 and 60 min after treatments for the von Frey test and between 75 and 105 min after treatments for the plantar test. Animals were randomly distributed in the different experimental groups, as follows:

Phase I: head-to-head comparison of paracetamol versus nefopam to determine the ED_{50} values. The following experimental groups were included:

Group 1: Incisional injury + Vehicle (n = 10).

Group 2: Incisional injury + Paracetamol (50 mg/kg) (n = 10-11).

Group 3: Incisional injury + Paracetamol (100 mg/kg) (n = 10).

Group 4: Incisional injury + Paracetamol (200 mg/kg) (n = 10).

Group 5: Incisional injury + Paracetamol (300 mg/kg) (n = 10).

Group 6: Incisional injury + Paracetamol (400 mg/kg) (n = 10).

Group 7: Incisional injury + Nefopam (1.5 mg/kg) (n = 10).

Group 8: Incisional injury + Nefopam (3 mg/kg) (n = 11). Group 9: Incisional injury + Nefopam (6 mg/kg) (n = 10). Group 10: Incisional injury + Paracetamol (9 mg/kg) (n = 11).

Group 11: Incisional injury + Paracetamol (12 mg/kg) (n = 10).

In this phase, the first doses tested were paracetamol 100 mg/kg and nefopam 3 mg/kg. The following doses were chosen according to the inhibition of nociception previously observed.

Phase II: to quantify possible synergistic effects of paracetamol and nefopam by isobolographic analysis. Dose combinations were calculated from the ED_{50} s obtained in phase I for the anti-allodynic effect using the following experimental groups: Group 1: Incisional injury + Vehicle (n = 10). Group 2: Incisional injury + ED_{8.7} paracetamol-nefopam combination (n = 12).

Group 3: Incisional injury + $ED_{12.5}$ paracetamol-nefopam combination (n = 13).

Group 4: Incisional injury + $ED_{17.5}$ paracetamol-nefopam combination (n = 12).

Group 5: Incisional injury + ED_{35} paracetamol-nefopam combination (n = 12).

2.5 | Drug preparation

Paracetamol and nefopam were supplied by Aptys pharmaceuticals and were dissolved in a vehicle containing 10% N-Methyl-2-pyrrolidone (Merck) and 90% purified water (B Braun Medical Inc.).

2.6 | Data analysis

For each treatment, time courses of mechanical and thermal sensitivity were analysed with repeated measures ANOVA, with dose as between-subject factor and day as within-subject factor. The Bonferroni post hoc test was used to compare the thresholds of the hind paws before and after the surgery and to estimate the differences between each dose or the vehicle on the test day. Both baseline responses (Days -1 and -2) were considered in the statistical analysis. A *p* value less than 0.05 was considered statistically significant.

The percentage maximum possible effect (%MPE) on the nociceptive thresholds of each mouse was calculated as the opposite of the difference between the response of the mouse and its baseline response, divided by the difference of the average response of vehicle-treated mice and their respective average baseline response, following this formula:

$$\% \text{ MPE} = \left[1 - \left(\frac{\text{Threshold}_D - \text{Baseline}_D}{\text{Threshold}_V - \text{Baseline}_V} \right) \right] \times 100 \quad (1)$$

"Threshold_D" is the threshold after administration of a drug D, "Baseline_D" is the baseline threshold of the mouse, "Threshold_V" is the average threshold after administration of vehicle and "Baseline_V" is the average baseline of vehicle-treated mice.

One-way ANOVA of %MPE followed by Bonferroni post hoc test was used to compare the efficacy of the different doses with the vehicle and among themselves, and significance levels of paired comparisons were used to construct heat maps for the dose–response curves (Figures 3c and 4c). Similarly, one-way ANOVA followed by Bonferroni was used to compare the efficacy of the different dose combinations and construct the heat maps showing the significant differences among them or versus



the vehicle (Figures 6d and 8d, upper heat maps). For the heat maps representing the significance of the difference between dose combinations and each individual dose of paracetamol or nefopam (Figures 6d and 8d, lower panels), paired *t* tests were used. Shapiro–Wilk tests were conducted prior to parametric analyses to assess the normality of the data. GraphPad Prism Version 7.04 (GraphPad Software, Inc.) was used to conduct non-linear regression analysis with the %MPE values to obtain the median effective dose 50 (ED₅₀) for each compound and the hill slopes of sigmoidal dose–response curves. Subsequent effective doses for paracetamol and nefopam were calculated following the formula (Motulsky & Christopoulos, 2003):

$$\mathrm{ED}_{X} = \left(\frac{X}{100 - X}\right)^{\frac{1}{H}} \times \mathrm{ED}_{50} \tag{2}$$

"X" is the studied effective dose and "H" is the hill slope of the dose–response curve.

An interaction index (γ) was calculated as previously described (Tallarida, 2002):

$$\frac{a}{A} + \frac{b}{B} = \gamma \tag{3}$$

Where "*a*" and "*b*" are the doses of the mixture needed to induce the studied % MPE and "*A*" and "*B*" the respective EDs of the individual drugs. γ describes synergy when it is <1, absence of interaction when is equal to 1 or antagonism when it is >1. Error bars from isoboles were obtained through extrapolation from ED standard error values provided by GraphPad Prism. The source data file contains the raw data and results of the statistical analyses shown in the manuscript.

3 | RESULTS

3.1 | Phase I: head-to-head comparison paracetamol versus nefopam to determine ED₅₀ values

3.1.1 | Effects of paracetamol on incisional mechanical sensitivity

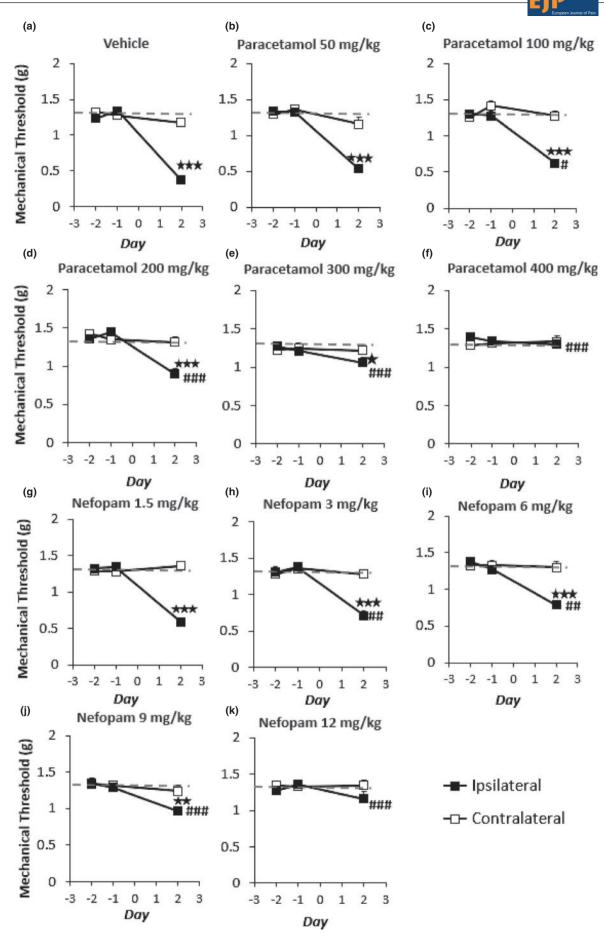
Mechanical sensitivity was measured before surgery (Days -2 and -1) and 2 days later (Day 2), and 30–60 min after administration of vehicle or paracetamol (50, 100, 200, 300 or 400 mg/kg). Evaluation of mechanical thresholds of the hind

paws ipsilateral to the incision (ipsilateral) revealed significant effects of the day of evaluation (F = 225.4, p < 0.001), the dose of paracetamol (F = 12.4, p < 0.001) and their interaction (F = 16.3, p < 0.001). Mice of all groups showed stable nociceptive responses to mechanical stimulation before the surgery (Figure 1a–f, Days -2 and -1). After plantar incision on day 0, mice receiving vehicle showed prominent decrease in mechanical thresholds in the paw ipsilateral to the incision (decreased to $29 \pm 3\%$ of average baseline threshold, p < 0.001 vs. baseline, Figure 1a). Mice receiving paracetamol at 50 mg/kg did not show significant relief of mechanical hypersensitivity $(40 \pm 3\%, p < 0.001$ vs. baseline, N.S. vs. vehicle, Figure 1b). Animals treated with doses of 100, 200 and 300 mg/kg showed increasing recoveries of their mechanical thresholds (to $49 \pm 3\%$, $65 \pm 5\%$ and $85 \pm 4\%$ of baseline thresholds, respectively, p < 0.05 vs. vehicle, Figure 1a–e), although the difference versus baseline sensitivity was still significant (p < 0.05, Figure 1a-e). On the contrary, mice treated with 400 mg/kg paracetamol showed complete restoration of the mechanical thresholds (96 \pm 6% of baseline sensitivity, p < 0.001 vs. vehicle, N.S. vs. baseline, Figure 1f). No significant effects were observed in the contralateral paws (contralateral).

3.1.2 | Effects of nefopam on incisional mechanical sensitivity

Mechanical sensitivity was measured before surgery (Days -2 and -1) and 2 days later (Day 2), and 30 min after administration of vehicle or nefopam (1.5, 3, 6, 9 or 12 mg/kg). Statistical analysis of the mechanical thresholds of the hind paws ipsilateral to the incision (ipsilateral) revealed significant effects of the day of evaluation (F = 179, p < 0.001), the dose of nefopam (F = 7.6, p < 0.001) and their interaction (F = 7.7, p < 0.001). Mice of all groups showed stable nociceptive sensitivity to mechanical stimulation before the surgery (Figure 1a, g-k, days -2 and -1). The vehicle group constituted the same vehicle group described in Section 3.1.1, since nefopam and paracetamol doses were evaluated in parallel. Mice receiving nefopam at 1.5 mg/kg did not show significant relief of mechanical hypersensitivity (44 \pm 3%, p < 0.001 vs. baseline, N.S. vs. vehicle, Figure 1g). On the contrary, animals treated with doses of 3, 6 and 9 mg/kg showed increasing recoveries of their mechanical thresholds $(54 \pm 6\%, 60 \pm 5\% \text{ and } 74 \pm 5\% \text{ respectively}, p < 0.01 \text{ vs.}$ vehicle, Figure 1h-j), although the difference versus baseline sensitivity remained significant (p < 0.01, Figure 1h–j).

FIGURE 1 Effect of paracetamol doses on postincisional mechanical sensitivity. Mechanical thresholds of hind paws ipsilateral and contralateral to the plantar incision, before the surgery (Days -2, -1) and 2 days after treatment with vehicle (a), paracetamol 50 mg/kg (b), paracetamol 100 mg/kg (c), paracetamol 200 mg/kg (d), paracetamol 300 mg/kg (e), paracetamol 400 mg/kg (f), nefopam 1.5 mg/kg (g), nefopam 3 mg/kg (h), nefopam 6 mg/kg (i), nefopam 9 mg/kg (j) or nefopam 12 mg/kg (k). N = 10-11 mice per group. Stars are comparisons versus baseline responses, #s are comparisons versus vehicle group. *p < 0.05, ***p < 0.001. Points represent average thresholds and error bars are *SEM*



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Full restoration of mechanical thresholds was observed when mice were treated with 12 mg/kg nefopam ($89 \pm 8\%$ of baseline response, p < 0.001 vs. vehicle, N.S. vs. baseline, Figure 1k). No significant effects were found in the contralateral side (contralateral).

3.1.3 | Effects of paracetamol on incisional thermal sensitivity

Sensitivity to noxious heat stimulation was measured before surgery (Days -2 and -1) and 2 days later (Day 2), and 75 min after administration of vehicle or paracetamol (50, 100, 200, 300 or 400 mg/kg). Evaluation of thermal thresholds of the hind paws ipsilateral to the incision (ipsilateral) revealed significant effects of the day of evaluation (F = 135.3, p < 0.001), the dose of paracetamol (F = 3.3, p < 0.001)p < 0.05) and their interaction (F = 3.6, p < 0.001). Mice of all groups showed stable nociceptive sensitivity to heat stimulation before the surgery (Figure 2a-f, Days -2 and -1). Vehicle-treated mice showed a marked decrease in the thresholds to heat stimulation in the paw ipsilateral to the lesion (36 \pm 3% of average baseline threshold, p < 0.001vs. baseline, Figure 2a). Mice receiving paracetamol at 50, 100, 200 or 300 mg/kg showed increasing average responses $(35 \pm 3\%, 45 \pm 6\%, 60 \pm 9\%$ and $72 \pm 13\%$, Figure 2a). These responses were not statistically different from the vehicletreated group and the difference versus baseline responses remained significant (p < 0.001 for 50, 100 and 200 mg/kg, p < 0.01 for 300 mg/kg, Figure 2a). Paracetamol at 400 mg/ kg was the only dose that elicited significant recovery when compared to the vehicle-treated group (76% of baseline responses, p < 0.01 vs. vehicle, Figure 2a), albeit the difference versus baseline sensitivity (p < 0.05) revealed incomplete recovery of normal heat sensitivity. No significant effects after drug administration were observed in the contralateral side (contralateral).

3.1.4 | Effects of nefopam on incisional thermal sensitivity

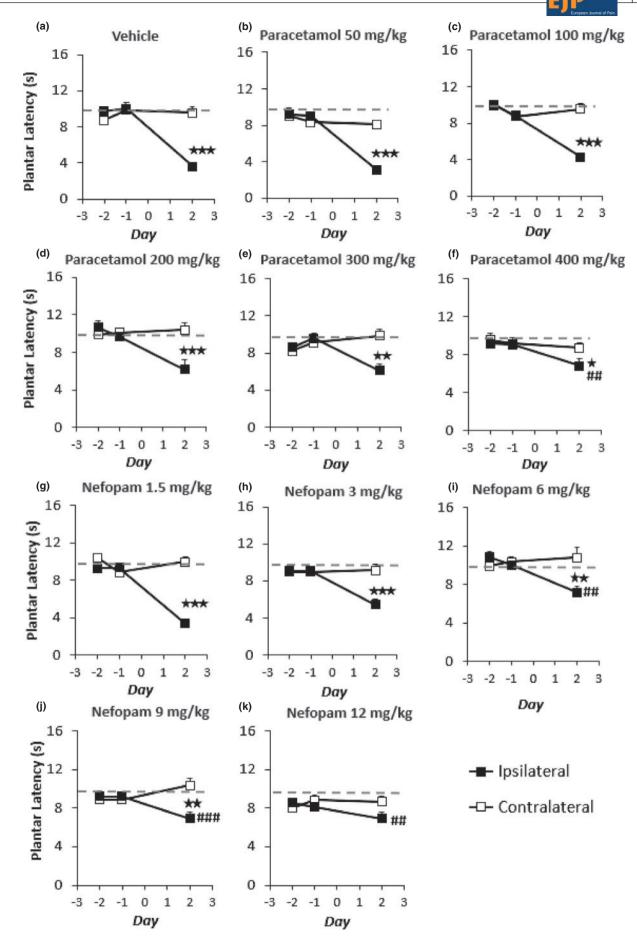
Sensitivity to noxious heat stimulation was measured before surgery (Days -2 and -1) and 2 days later (Day 2), 75 min after administration of vehicle or nefopam (1.5, 3, 6, 9 or 12 mg/kg). Evaluation of thermal thresholds of the hind paws

ipsilateral to the incision (ipsilateral) revealed significant effects of the day of evaluation (F = 112.5, p < 0.001), the dose of nefopam (F = 4.2, p < 0.01) and their interaction (F = 5, p < 0.001). Mice receiving nefopam at 1.5 or 3 mg/kg did not show significant relief of heat hyperalgesia $(37 \pm 3\%)$ and $59 \pm 5\%$ of baseline, respectively, p < 0.001 vs. baseline and N.S. vs. vehicle, Figure 2g-h). Animals treated with 6 and 9 mg/kg showed significant recoveries of their latencies to heat stimulation ($69 \pm 5\%$ and $75 \pm 7\%$ of baseline responses, respectively, p < 0.01 vs. vehicle, Figure 2i and j), although the difference versus baseline sensitivity remained significant (p < 0.01, Figure 2i and j). Only mice treated with 12 mg/ kg nefopam showed complete restoration of the thresholds to heat stimulation (86 \pm 10% of baseline response, p < 0.01vs. vehicle, N.S. vs. baseline, Figure 2k). No significant drug effects could be evidenced in the contralateral side after drug administration (contralateral).

3.1.5 | Side-by-side comparison of paracetamol–nefopam on incisional mechanical sensitivity

Percentage maximum possible effect (%MPE) was calculated for the different doses of paracetamol and nefopam, taking into account the decrease in mechanical thresholds of ipsilateral paws after each dose and the decrease in mechanical thresholds of vehicle-treated mice versus their respective baseline responses (see Data Analysis subsection in Methods). One-way ANOVA of %MPE values revealed significant dose effect for both paracetamol (F = 29.8, p < 0.001) and nefopam (F = 14.1, p < 0.001), with significant inhibition of mechanical hypersensitivity at doses starting from 200 mg/kg for paracetamol (p < 0.001 vs. vehicle, Figure 3a) and starting from 6 mg/kg for nefopam (p < 0.01 vs. vehicle, Figure 3b). Figure 3c represents significant differences among the doses tested or with the vehicle for each of the compounds, revealing stronger effects inhibiting mechanical hypersensitivity after paracetamol doses. Nonlinear regression analysis of MPE values (Figure 3d) revealed ED₅₀s of 177.3 ± 15.4 mg/kg for paracetamol, and of 5.83 ± 0.72 mg/ kg for nefopam, depicting the higher potency of nefopam. The dose–effect curves had different hill slopes $(2.1 \pm 0.3 \text{ for})$ paracetamol and 1.4 ± 0.3 for nefopam), indicating nonparallel logarithmic dose-effect curves and variable potency ratio of the drugs depending on the dose (Tallarida, 2006). Thus,

FIGURE 2 Effect of paracetamol doses on postincisional hypersensitivity to heat. Heat withdrawal latencies of hind paws ipsilateral and contralateral to the plantar incision, before surgery (Days -2, -1) and 2 days after treatment with vehicle (a), paracetamol 50 mg/kg (b), paracetamol 100 mg/kg (c), paracetamol 200 mg/kg (d), paracetamol 300 mg/kg (e), paracetamol 400 mg/kg (f), nefopam 1.5 mg/kg (g), nefopam 3 mg/kg (h), nefopam 6 mg/kg (i), nefopam 9 mg/kg (j) or nefopam 12 mg/kg (k). N = 10-11 mice per group. Stars are comparisons versus baseline responses, #s are comparisons versus vehicle group. *p < 0.05, **p < 0.01, ***p < 0.001. Points represent average latencies and error bars are *SEM*



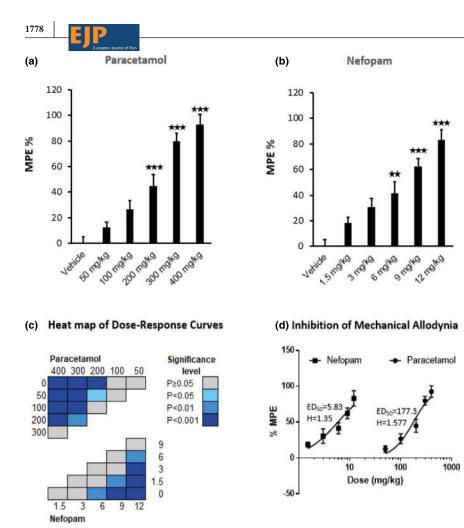


FIGURE 3 Side-by-side comparison of paracetamol and nefopam effects on postincisional mechanical sensitivity. Percentage maximum possible effect (%MPE) of paracetamol (a) and nefopam (b) inhibiting incisional mechanical hypersensitivity 2 days after surgery. (c) Heat map representing significant differences versus vehicle and among the different doses tested for each drug. (d) Sigmoidal dose-response curves revealed ED_{50} s of 5.83 \pm 0.72 for nefopam and 177.3 ± 15.4 for paracetamol. Hill slopes (H) were of 1.384 for nefopam and 2.135 for paracetamol. N = 10-11 mice per group. ***p* < 0.01, ****p* < 0.001 versus vehicle. Bars (a and b) and points (d) represent average %MPE, and error bars are SEM

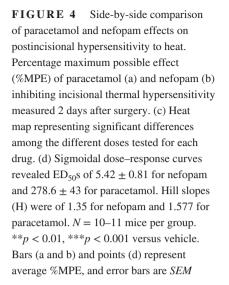
isoeffective doses of paracetamol and nefopam had different proportions depending on the degree of effectivity (Table 1).

3.1.6 | Side-by-side comparison of paracetamol–nefopam on incisional thermal sensitivity

One-way ANOVA analysis of %MPE values for thermal hyperalgesia revealed significant dose-effect for both paracetamol (F = 5.9, p < 0.001) and nefopam (F = 10.9, p < 0.001), with significant inhibition of hypersensitivity at doses starting from 300 mg/kg for paracetamol (p < 0.05 vs. vehicle, Figure 4a) and starting from 3 mg/kg for nefopam (p < 0.05vs. vehicle, Figure 4b). Figure 4c represents significant differences among the doses tested and with the vehicle for each of the compounds, illustrating stronger effects for nefopam on the inhibition of incisional thermal hypersensitivity. Non-linear regression of MPE values (Figure 4d) revealed ED_{50} s of 278.6 ± 43 for paracetamol and of 5.42 ± 0.81 for nefopam, proving the higher potency of nefopam inhibiting thermal sensitivity. Thus, the doses of paracetamol needed to inhibit thermal hypersensitivity (ED₅₀ 278.6 \pm 43, Figure 4d) were higher than the doses needed to alleviate mechanical sensitivity (ED₅₀ 177.3 \pm 15.4, Figure 3d), whereas nefopam showed similar efficacy for the inhibition of thermal (ED₅₀ 5.42 \pm 0.81, Figure 4d) and mechanical sensitivity (5.83 \pm 0.72, Figure 3d). The dose–effect curves for the inhibition of thermal hypersensitivity had also different hill slopes (2.4 \pm 0.5 for paracetamol and 1.35 \pm 0.3 for nefopam), indicating nonparallel logarithmic dose–effect curves and variable potency ratio of the drugs depending on the dose (Tallarida, 2006).

3.2 | Phase II: to quantify possible interactions between paracetamol and nefopam by isobolographic analysis

In the second phase of the study, doses of paracetamol and nefopam equieffective for the inhibition of incisional mechanosensitivity were co-administered on day 2 after paw incision. The use of isoeffective doses based on the plantar test results was disregarded because the evaluated doses did not reach complete inhibition of thermal sensitivity and ED estimation may be suboptimal in this case. Based on the ED₅₀s of paracetamol and nefopam for the effect on mechanical sensitivity (Phase I of the study), ED_{8.7}s, ED_{12.5}s,



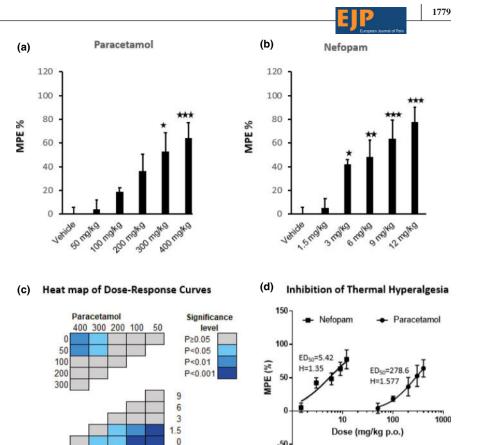


TABLE 1Co-administeredequieffective doses (EDs) of paracetamoland nefopam and expected additive effects

Tested EDs (von Frey)	Paracetamol (mg/kg)	Nefopam (mg/kg)	Expected additive effect (% MPE)	Isoeffective ratio paracetamol: nefopam
8.7	58.95	1.07	17.4	55:1
12.5	71.27	1.43	25	50:1
17.5	85.76	1.9	35	45:1
35	132.67	3.73	70	35:1

3 6 9

1.5 3 Nefonam

Note: Isoeffective oral doses of paracetamol and nefopam (EDs) for inhibition of mechanical allodynia were administered by gavage in a vehicle containing 10% N-Methyl-2-pyrrolidone and 90% purified water. Expected additive effect expressed in maximum percentage effect (%MPE) is the sum of the two co-administered EDs.

 $ED_{17.5}$ s and ED_{35} s were calculated (Equation 2, Table 1) and co-administered.

3.2.1 | Effect of paracetamol–nefopam ED combinations on incisional mechanical hypersensitivity

Two days after surgery, mice received vehicle or different equieffective ED combinations of paracetamol and nefopam (ED_{8.7}, ED_{12.5}, ED_{17.5} or ED₃₅). Evaluation of mechanosensitivity of the hind paws ipsilateral to the incision (ipsilateral) revealed significant effects of the evaluation day (F = 126.7, p < 0.001), the ED combination (F = 3.8, p < 0.01) and their interaction (F = 13.1, p < 0.001). Mice showed stable

nociceptive responses to mechanical stimulation before plantar incision (Figure 5a–e, Days –2 and –1). Two days after surgery, vehicle-treated mice showed pronounced decrease in mechanical thresholds in the ipsilateral paw (decreased to $32 \pm 4\%$ of baseline threshold, p < 0.001 vs. baseline, Figure 5a). Mice receiving paracetamol–nefopam ED_{8.7}s combination did not show significant alleviation of mechanical nociception ($42 \pm 3\%$ of baseline threshold, p < 0.001 vs. baseline, N.S. vs. vehicle, Figure 5b). In contrast, mice receiving combinations of ED_{12.5}, ED_{17.5} or ED₃₅ of paracetamol and nefopam showed significant inhibition of mechanical hypersensitivity (p < 0.001 vs. vehicle, Figure 5c–e) with the thresholds increasing to $69 \pm 6\%$, $84 \pm 7\%$ and $93 \pm 4\%$ of baseline values. While ED_{12.5} and ED_{17.5} combinations induced partial recovery of basal sensitivity (p < 0.001 and p < 0.05 vs.

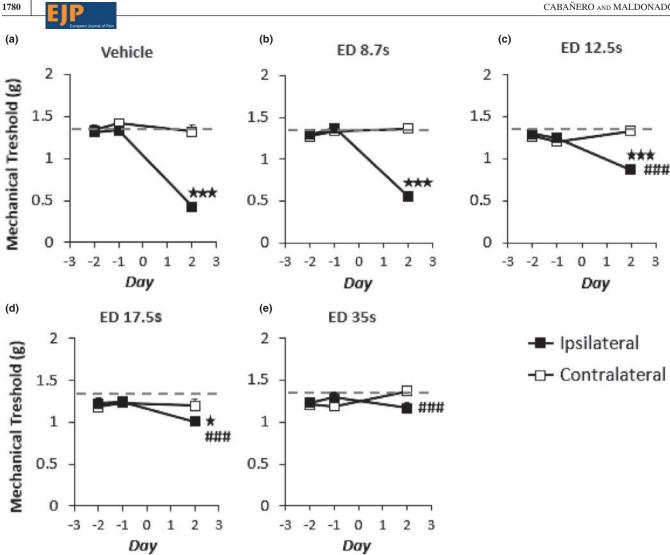


FIGURE 5 Effect of paracetamol-nefopam ED combinations on postincisional mechanical sensitivity. Mechanical thresholds of hind paws ipsilateral and contralateral to the plantar incision before surgery (Days -2, -1) and 2 days after treatment with vehicle (a) or combinations of $ED_{8.75}$ (b), $ED_{12.55}$ (c), $ED_{17.55}$ (d) or ED_{355} (e) of paracetamol and nefopam. N = 10-13 mice per group. Stars are comparisons versus baseline responses, #s are comparisons versus vehicle group. *p < 0.05, **p < 0.01 ***p < 0.001. Points represent average thresholds and error bars are SEM

baseline, respectively), baseline sensitivity was completely restored after the mixture of ED₃₅ of paracetamol and nefopam (N.S. vs. baseline thresholds, Figure 5e). No significant effects were observed in the contralateral paws (contralateral).

3.2.2 Isobolographic analysis of paracetamol-nefopam combinations on incisional mechanical hypersensitivity

One-way ANOVA analysis of %MPE values for mechanical nociception revealed significant dose effect for the equieffective combinations of paracetamol–nefopam (F = 24.9, p < 0.001). No antinociception was observed after administration of ED8.7 mixtures (N.S. vs. vehicle, Figure 6a), and the modification in mechanical thresholds was not significantly different than expected at this dose

level (Figure 6b). Significant antinociceptive effects were found after combinations of ED_{12.5}s (55 \pm 9% of %MPE, p < 0.001 vs. vehicle, Figure 6c), $ED_{17.5}$ s (75 ± 10%MPE p < 0.001 vs. vehicle, Figure 6a) and ED₃₅S (90 \pm 5%MPE p < 0.001 vs. vehicle, Figure 6a). Thus, combinations of ED₁₂₅s, ED₁₇₅s and ED₃₅s, with expected combined effects of 25, 35 and 70% showed empirical %MPEs of 55, 75 and 90% (Figure 6b), suggesting significant potentiation between the two compounds.

Analysis of the dose-effect curve considering the obtained %MPEs and the combined EDs (\sum EDs) yielded an ED₅₀ equal to an $\sum ED_{25}$ of the paracetamol-nefopam mixture (\sum ED 25.2 ± 1.4, Figure 6b). Assuming additivity and isoeffectivity, a mixture of an ED_{12.6} of paracetamol and an ED_{12.6} of nefopam would yield an effective dose with 25.2%MPE. However, this combination achieved 50%MPE (71 mg/kg paracetamol and 1.4 mg/kg nefopam, 50:1 combination, see

Table 1). Such combination showed an interaction index of 0.65, revealing drug synergism. Based on the results obtained in the Phase I of the study (ED₅₀ of 177.3 \pm 15.4 mg/kg for paracetamol and 5.83 \pm 0.72 mg/kg for nefopam), an isobologram for the median effective dose was constructed (Figure 6c), where a line of theoretical additivity (isobole) illustrates theoretical equieffective combinations of paracetamol and nefopam producing a 50%MPE. The data point obtained with the dose–response curve of paracetamol–nefopam combinations illustrates that the 50% MPE could be achieved by a theoretical combination of ED_{12.6}s (71.59 mg/kg paracetamol and 1.44 mg/kg nefopam, 50:1, Equation 2). The position of the efficacy of the dose pair below the line of additivity (Figure 6c) indicates synergism of the paracetamol–nefopam combination.

Close inspection of the heat map showing the differences between efficacy of ED combinations and EDs of the individual drugs (Figure 6d) reveals that combinations of $ED_{17.5}$ (Paracetamol 85.76 mg/kg plus nefopam 1.9 mg/kg, 45:1), with

expected additive effect of 35% MPE had significantly higher effect (75 \pm 10%MPE, Figure 6a) than individual doses of 200 mg/kg paracetamol (equivalent to paracetamol ED₅₆, 56% MPE, Figure 6a) and 6 mg/kg nefopam (equivalent to nefopam ED₅₁, 51% MPE, Figure 6b), giving an empirical evidence of the synergistic effect of this paracetamol–nefopam combination. Indeed, the interaction index of this combination of ED_{17.5} was equal to 0.44, revealing stronger synergism than the combination of ED_{12.5}s. The combination of ED₃₅s showed more robust synergism, with an index equal to 0.41; however, the effect of this combination was not significantly higher than expected (Figure 6d).

3.2.3 | Analysis of paracetamol–nefopam ED combinations on incisional thermal hypersensitivity

The dose combinations equieffective for the inhibition of mechanical hypernociception ($ED_{8,7}s$, $ED_{12,5}s$, $ED_{17,5}s$ and $ED_{35}s$)

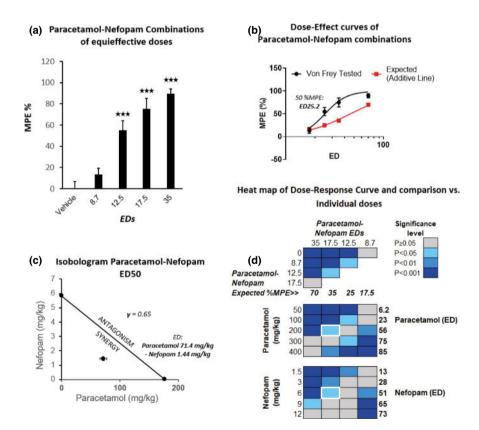


FIGURE 6 Isobolographic analysis of ED combinations for the inhibition of postincisional mechanical sensitivity. (a) Percentage maximum possible effect (%MPE) of combinations of paracetamol and nefopam (ED_{8,7}s, ED_{12,5}s, ED_{17,5}s or ED₃₅s). (b) Sigmoidal dose–response curve for the combined EDs (ED_{17,5}, ED₂₅, ED₃₅ and ED₇₀) versus the obtained %MPE revealed a median effective dose equal to the ED_{25,2} of the paracetamol–nefopam combination (paracetamol 71.4 ± 6 mg/kg – ED_{12,6} and nefopam 1.44 ± 0.12 mg/kg – ED_{12,6}). (c) Isobologram for median effective doses of paracetamol and nefopam shows the experimental median effective dose of the combination of paracetamol 71.4 ± 6 mg/kg and nefopam 1.44 ± 0.12 mg/kg, with an interaction index (γ) of 0.65 indicating synergism. The position of the dose pair below the line of additivity illustrates synergistic effect of the paracetamol–nefopam combination. (D) Heat map representing significant differences among the different ED combinations and versus the tested paracetamol and nefopam EDs. Combination of ED_{17.5}, with expected additive effect of 35%MPE, yielded 75 ± 10%MPE, significantly superior to the %MPE obtained after paracetamol ED₅₆ and nefopam ED₅₁. Unexpected results (synergy) are highlighted in white. *N* = 10–13 mice per group. ****p* < 0.001 versus vehicle, error bars are *SEM*

TABLE 2 Co-administered doses (EDs) of paracetamol-nefopam and expected effects

EDs (Von Frey)	Expected Additive %MPE (Von Frey)	Paracetamol (mg/kg)	Equivalent Paracetamol ED (Plantar)	Nefopam (mg/kg)	Equivalent Nefopam ED (Plantar)	Expected Additive %MPE (Plantar)
8.7	17.5	58.95	8	1.07	10	18
12.5	25	71.27	10.4	1.43	14.2	24.6
17.5	35	85.76	13.5	1.90	19.6	33.1
35	70	132.67	23.7	3.73	37.6	61.3

Note: Isoeffective oral doses of paracetamol and nefopam (EDs) for inhibition of mechanical allodynia were administered by gavage in a vehicle containing10% N-Methyl-2-pyrrolidone and 90% purified water. Expected additive effects are expressed in maximum percentage effect (%MPE) as the sum of the two co-administered EDs for the von Frey test. The EDs for von Frey test are equivalent to different EDs in the plantar test (Plantar) and the expected additive effects in the plantar test reach lower magnitudes.

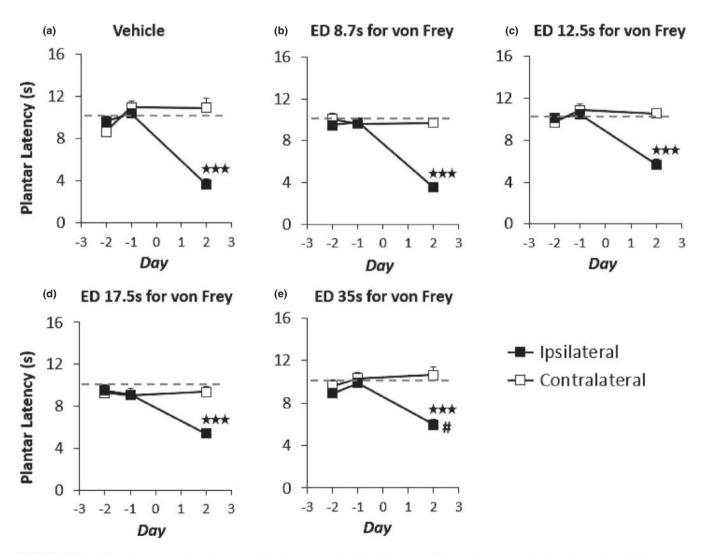


FIGURE 7 Effect of paracetamol–nefopam combinations on postincisional hypersensitivity to heat. Paw withdrawal latencies of hind paws ipsilateral and contralateral to the plantar incision before the surgery (Days -2, -1) and 2 days after treatment with vehicle (a) or combinations of $ED_{8.7(VF)}s$ (b), $ED_{12.5(VF)}s$ (c), $ED_{17.5(VF)}s$ (d) or $ED_{35(VF)}s$ (e) of paracetamol and nefopam. N = 10-13 mice per group. Stars are comparisons versus baseline responses, #s are comparisons versus vehicle group. *p < 0.05, ***p < 0.001. Points represent average latencies and error bars are *SEM*

that were administered were equivalent to different EDs for the inhibition of incisional thermal hypersensitivity. The respective EDs corresponded to ED_{8} , $ED_{10.4}$, $ED_{13.5}$ and $ED_{23.7}$ for paracetamol (Table 2), and to ED_{10} , $ED_{14,2}$, $ED_{19,6}$ and $ED_{37,6}$ for nefopam. Hence, the expected additive effects of the paracetamol–nefopam combinations for thermal hypersensitivity

were generally lower than those predicted for mechanical antinociception, with %MPEs of 18, 24.6, 33.1 and 61.3, respectively.

Mice showed stable nociceptive responses to heat stimulation before plantar incision (Figure 7a–e, Days -2 and -1). Two days after the surgery on day 0, mice received vehicle or the ED combinations of paracetamol and nefopam (ED_{8.7 (VF)}, ED_{12.5 (VE)}, ED_{17.5 (VE)} or ED_{35 (VE)}). Assessment of heat sensitivity of the hind paws ipsilateral to the incision (ipsilateral) revealed significant effects of the evaluation day (F = 173.56, p < 0.001) and the interaction between the day and the ED combination (F = 2.83, p < 0.01). Two days after plantar incision, vehicle-treated mice showed marked decrease in the thresholds to heat stimulation in the ipsilateral paw (reduced to $36 \pm 6\%$ of vehicle baseline threshold, p < 0.001 vs. baseline, Figure 7a). Mice receiving mixtures of paracetamol and nefopam (ED_{8.7(VF)}s, ED_{12.5(VF)}s or ED_{17.5(VF)}s) kept showing decreased thresholds (37.7 \pm 3%, 55.1 \pm 5% and 58.2 \pm 5% of baseline, respectively; p < 0.001 vs. baseline, Figure 7b–d). While withdrawal latencies tended to be longer, these were not significantly different from vehicle-treated mice. Only the combination of ED_{35(VF)S} induced substantial alleviation of thermal hyperalgesia (63.5 \pm 6% of baseline threshold; p < 0.001

vs. baseline, Figure 7e), showing significant differences when compared to vehicle-treated mice (p < 0.05). No significant drug effects were observed in contralateral paws (contralateral).

3.2.4 Isobolographic

analysis of paracetamol-nefopam combinations on incisional thermal hyperalgesia

One-way ANOVA analysis of %MPE values for thermal hyperalgesia revealed significant dose effect for the combinations of paracetamol and nefopam (F = 5.92, p < 0.01). No significant effect was observed after administration of ED_{8.7(VF)} or ED_{12.5(VF)} mixtures ($27 \pm 8\%$ MPE; $27 \pm 8\%$ MPE; N.S. vs. vehicle, Figure 8a), and significant antinociception was found after combinations of ED_{17.5(VF)} ($39 \pm 8\%$ MPE p < 0.05 vs. vehicle) and ED_{35(VF)}s ($46 \pm 9\%$ MPE p < 0.001 vs. vehicle, Figure 8a). Thus, mixtures of ED_{17.5(VF)}s and ED_{35(VF)}s, with expected combined effects of 33.1 and 61.3% (Table 2) showed %MPEs of $39 \pm 8\%$ and $46 \pm 9\%$ (Figure 8a), suggesting absence of potentiation between these two compounds for the inhibition of incisional thermal

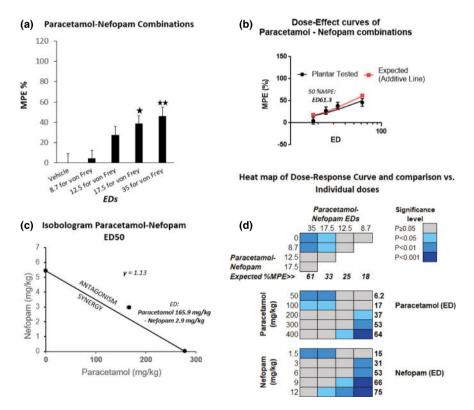


FIGURE 8 Isobolographic analysis of ED combinations for inhibition of postincisional hypersensitivity to heat. (a) Percentage maximum possible effect (%MPE) of paracetamol–nefopam combinations of $ED_{8.7(VF)}$ s, $ED_{12.5(VF)}$ s, $ED_{17.5(VF)}$ s or $ED_{35(VF)}$ s. (b) Sigmoidal dose–response curve for the combined EDs (ED_{18} , $ED_{24.6}$, $ED_{33.1}$ and $ED_{61.3}$) versus the obtained %MPE revealed a median effective dose equal to an estimated $ED_{61.2}$ of the paracetamol–nefopam combination. (c) Isobologram of paracetamol and nefopam ED_{50} s shows that a theoretical combination of 165.9 mg/kg paracetamol and 2.9 mg/kg nefopam would give a 50% MPE. The position of the dose pair above the line of additivity reveals an antagonistic trend of the paracetamol–nefopam combination. (d) Heat map representing significant differences among the ED combinations and tested EDs of paracetamol and nefopam. None of the comparisons among the doses and dose combinations tested confirm the antagonistic trend, suggesting additivity or absence of synergy. N = 10-13 mice per group. *p < 0.05, **p < 0.01 versus vehicle and error bars are *SEM*

hypersensitivity. Analysis of the dose–response curve taking into account the obtained %MPEs yielded a median effective dose equal to an ED₆₁ of the paracetamol–nefopam combination (61.27 \pm 1.3, Figure 8b), although a complete inhibition of thermal hypersensitivity could not be obtained with the dose combinations tested and this could compromise the accuracy of the determination.

Assuming additivity and isoeffectivity, an ED_{61.2} for the paracetamol-nefopam combination would be composed of an ED_{30.6} of paracetamol and an ED_{30.6} of nefopam (165.9 mg/ kg paracetamol and 2.9 mg/kg nefopam, 56:1 combination). Based on the results obtained in Phase I of the study showing an ED₅₀ of 278.6 \pm 43 mg/kg for paracetamol and an ED₅₀ of 5.42 ± 0.81 mg/kg for nefopam on thermal hypersensitivity, Figure 8c shows a line of theoretical additivity (isobole), where combinations of paracetamol and nefopam are equieffective. The behavioural data obtained with the doseresponse curves of paracetamol and nefopam combinations reveal that a 50% MPE would be obtained after a mixture of ED_{30.6}s (165.9 mg/kg paracetamol and 2.9 mg/kg nefopam, 56:1, Equation 2). Thus, the position of the efficacy of the dose pair fell above the line of additivity (Figure 8c), showing an antagonistic trend for these dose combinations. However, inspection of the heat map representing the differences between efficacy of ED combinations and EDs of the individual drugs (Figure 8d) does not show empirical evidence proving that one of the combinations yielded an effect significantly different than expected. Hence, data show additive effect or absence of synergistic effect of paracetamol-nefopam combinations on incisional heat hypersensitivity.

4 | DISCUSSION

The present study reveals synergistic antinociception between oral paracetamol and nefopam doses in a mouse model of postoperative pain. Doses of both compounds that achieved 17.5 and 35% inhibition of postsurgical mechanical sensitivity when administered individually, reached 75 and 95% relief when combined. These oral mixtures also showed additive effect reducing postoperative thermal hypernociception. Our findings agree with previous basic and clinical studies suggesting potentiation after administration of both compounds (Girard et al., 2011; Li et al., 2018; Van Elstraete & Sitbon, 2013) and support oral administration of this mixture as a suitable route for relieving early postoperative hypersensitivity.

Paracetamol monotherapy in mice induced dose-dependent antinociception with an ED_{50} of 177 mg/kg for the relief of postoperative mechanical sensitivity (effective doses between 100 and 400 mg/kg p.o.). This range of effective doses was similar to the range of oral doses needed to inhibit visceral pain (Miranda et al., 2006; Mititelu Tartau et al., 2014; Qiu et al., 2007). Paracetamol was less effective for the inhibition of thermal hypernociception (ED₅₀ of 279 mg/kg), in agreement with previous studies indicating higher requirements to inhibit heat hypersensitivity in a murine model of incisional pain (ED₅₀ of 257 mg/kg and significant effects between 400 and 600 mg/kg [Dogrul et al., 2012]). Such high-dose requirements represent a major limitation for single treatments with paracetamol, since a translational study described toxicity in mice detectable 24 hr after exposure to oral doses of 200 mg/kg and higher (Harrill et al., 2009). Hence, the doses of paracetamol needed to obtain complete relief of postoperative hypersensitivity could be within the range of toxicity and caution should be taken when increasing doses of paracetamol for postoperative relief in humans, especially in patients with impaired liver or platelet function (Munsterhjelm et al., 2005; Zhang et al., 2002).

Oral treatment with nefopam had similar efficacy reducing mechanical and heat hypersensitivity (ED₅₀s of 5.8 ± 0.7 and 5.4 ± 0.8 mg/kg, respectively). Indeed, 12 mg/kg of oral nefopam was virtually sufficient for complete inhibition of postoperative hypernociception in the operated mice. Most of the previous works investigating the antinociceptive effects of nefopam used parenteral routes (Girard et al., 2004, 2008, 2009, 2011; Van Elstraete & Sitbon, 2013). However, a previous work described efficacy of higher doses of oral nefopam for the inhibition of visceral pain in mice, measured with the acid acetic writhing test (ED₅₀ of 3.2 mg/kg, (Yoshitaka et al., 1991). Since the efficacy of nefopam in the same paradigm of visceral pain was described to be higher when administered through parenteral routes (ED₅₀s 1.5–2.5 mg/kg) (Girard et al., 2009), it can be assumed that first-pass metabolism reduces nefopam bioavailability after oral administration, as it is described in humans (Aymard et al., 2003). The oral antinociceptive doses of nefopam tested in our work (3-12 mg/kg) are too low to induce substantial inhibition of noradrenaline or serotonin reuptake according to previous works investigating these mechanisms in mice (Fuller & Snoddy, 1993; Girard et al., 2009), but could induce antinociception through facilitation of dopaminergic neurotransmission (Yoshitaka et al., 1991) or inhibition of glutamatergic signalling (Czuczwar et al., 2011). Nevertheless, effective oral doses of nefopam monotherapy in humans can induce drowsiness, sweating, nausea and tachycardia, which represent a major limitation in ambulatory patients (Heel et al., 1980). In addition, nefopam elimination could be compromised in patients with renal dysfunction (Mimoz et al., 2010). Hence, a combinatorial strategy to lower oral nefopam doses is desirable to facilitate pain management in surgical patients.

In our study, oral nefopam and paracetamol acted synergistically to inhibit postoperative hypersensitivity in a mouse model with high predictive validity (Aguado et al., 2013; Cabañero, Campillo, et al., 2009; Cabañero, Célérier, et al., 2009; Célérier et al., 2004; Richebé et al., 2005). Each drug, alone or in combination, induced antinociceptive effects selectively in the injured paw, suggesting that the antinociceptive effects of both compounds are related to the mechanisms triggered by the incisional injury. Several works using murine models of inflammatory, visceral and postoperative pain suggested this synergistic interaction after intraperitoneal administration of specific combinations of paracetamol and nefopam (Girard et al., 2011). In addition, a clinical study conducted in patients undergoing tonsillectomy also described synergistic interaction between intravenous doses of both compounds in a 30:1 ratio, paracetamol:nefopam (Van Elstraete & Sitbon, 2013). This is in contrast with a recent clinical work that did not find beneficial effects of the combination administered in an overall 8:1 ratio, paracetamol:nefopam, for major abdominal injury (Cuvillon et al., 2017). Our work reveals for the first time through isobolographic analysis that optimal potentiation of mechanical pain relief can be achieved with oral mixtures of paracetamol:nefopam administered at 35-45:1 ratios and combinations of ED₁₇₅ s and ED₃₅s, respectively. The combination of ED₃₅s showed also additive efficacy relieving thermal hypersensitivity, although the antinociceptive effect could be underestimated due to the evaluation at a later time interval after drug administration.

The encouraging results of the paracetamol:nefopam combination should be carefully interpreted, since the data were obtained in young male mice, and the effects on females or other age groups were not investigated. Furthermore, possible effects of the combination on affective-motivational behaviour could be assessed through operant or classical conditioning models (Cabañero et al., 2020; Mogil, 2020; Navratilova et al., 2012) to rule out aversive drug effects or affectation of motor responses, although no overt effects on motor behaviour were observed at the doses tested.

Paracetamol and nefopam are currently used through parenteral routes for postoperative pain control (Benhamou et al., 2009; Dualé et al., 2009). However, their effective use is limited by unwanted effects obtained at analgesic doses. The validation of opioid-free treatments that could boost their safety profile through oral routing represents a valuable tool to provide relief of postoperative sensitization after ambulatory surgery and fasten patient recovery. Our data obtained in a murine model of postoperative pain that reproduces postsurgical hypernociception validates the exploitation of these potent multimodal and synergistic interactions between paracetamol and nefopam as a readily available strategy that could facilitate postoperative pain control.

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CONFLICTS OF INTEREST

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AUTHOR CONTRIBUTIONS

RM Designed the study and provided the materials. DC Conducted the experiments and the statistical analysis. DC and RM wrote the manuscript.

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SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section.

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